

CASE STUDY OF Naigarhi NRC in Rewa district

Name of the Child: Guddu Kushwaha (S/o- Sita & Shambu)

Age: 3 months on admission

Complication: Guddu was severely wasted and underweight.

Admission: He weighed only 2.250 kg on admission in Naigarhi NRC on 1st April 2014 (Figure 1).



Figure-1

Treatment: Guddu was treated as per the State guideline of SAM management followed in NRC and was put on Supplementary Suckling Technique which proved successful for Guddu. He started showing increase in weight and in a 14 days he weighed 2.610 kg (Figure 2).



Figure 2

Guddu was discharged from NRC on 14th April 2014. Also his mother was thoroughly counseled on good health, hygiene and infant and young child feeding practices. His mother was asked to bring Guddu for consecutive four follow ups to NRC.

Extensive counseling to Guddu's mother and caregivers showed results. There was significant gain in weight of Guddu and by the end of fourth follow up round he weighed 3.420kg.



Figure-3